46: Wilson F-3 (no date) 1947 OA1 Philippines
Apayao OA5

# APAYAO LIFE AND LEGENDS

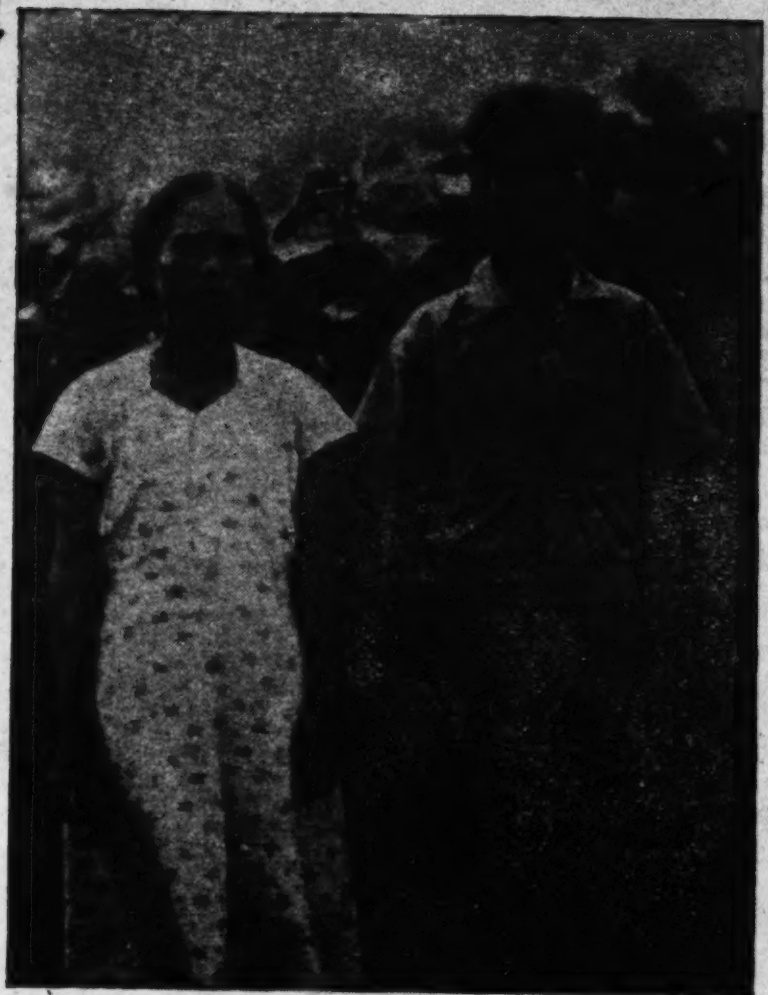
## THE PEOPLE OF APAYAO

WHEN you travel in the Philippines to the 131
northwesterly end of Luzon Island as far as Abulog; and then take a banca up the clear, warm waters of the Apayao River, as it meanders through dark tropical forests and amidst gorgeous mountains, you come into the lovely land of the Apayaos.

These virile people came here uncounted thou- 174
sands of years ago in two main migration waves; one- 144
the Indonesian-by way of Southeastern Asia; and the other-the Mongolian-by way of Central Asia. Here, in the northerly end of the Cordillera Central Mountains, these two waves converged, finding a new home with which they have ever since been well content. Their cultures amalgamated into a new one. Physically, the Indonesian strain dominated; but Mongoloid features of all the three short types are present, especially the short Mongol. According to the last cen- 161
sus they number 11,000.

You will like these people; for they are kindly, 181
hospitable, generous mountain lovers. They are high- 577
ly aesthetic in temperament, self-reliant, and honest. If perchance, you drop something, even money, on the trail, the finder will return it to you. They say that [586]
if a man steals, his wife will leave him: or, if they

291
177
144



*Students from Nabuañgan River, at the Trinidad Agricultural High School.*